



# MAKE TIME FOR **OUTDOOR PLAY**

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# 16

## Rainbow road

- Place different coloured markers around an area.
- Each child takes a turn individually.
- When it comes to each child's turn call out a sequence of colours corresponding to the markers.
- The child has to remember the sequence and run to each of the markers in that order.

Don't forget to wash your hands regularly for at least 20 seconds.

**Curriculum:** HWB 0-21a Supporting development of fundamental motor skills.

**Health Guidance: Outdoor Play at Emergency Childcare Settings**

*Correct as at 3 June 2020*

Developed to support  
C19 Outdoor Play



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