### Tips for Outdoor Play





#Gardening

# Gardening is a brilliant way to enagage your kids senses with this activity allowing the whole family to get creative outdoors!





#### You will need

- Some gardening tools if you have them but these are not necessary but a small hand spade would be useful.
- A few outdoor plant pots with soil -each child can have their own pot but again you can just use the soil in your garden so this is not necessary.
- Materials found in the garden or collected elsewhere e.g sticks, stones.



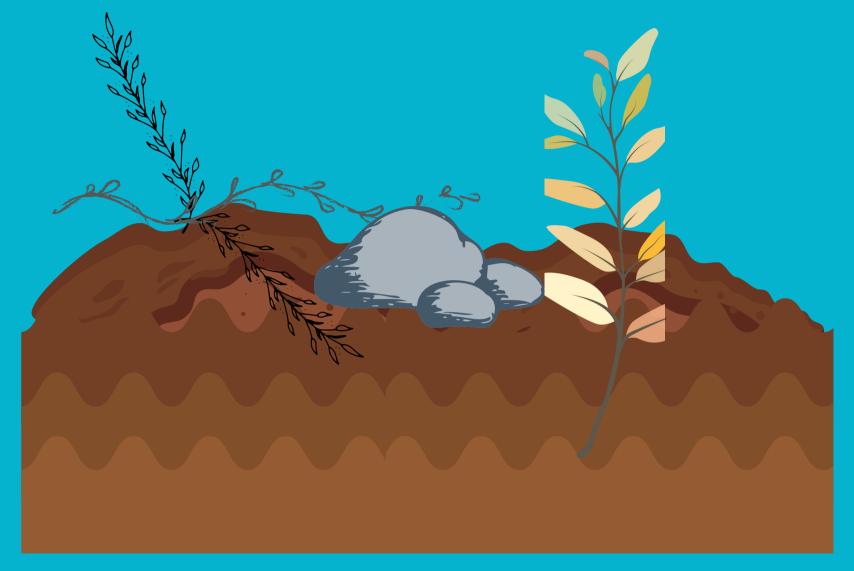




#### How to guide:

- Get your child to set up their own potfilling it with soil and compacting it down using their hands. If not using a pot then simply do the same in a section of the garden. They can smooth and compact an area of soil using their hands. Tell them this is their area for their mini-garden.
- Next encourage them to find some interesting materials found in naturetwigs, stones etc.
- Allow them to get creative-designing their own mini garden!

#### How to guide:



## What creatures will live in the mini garden?

