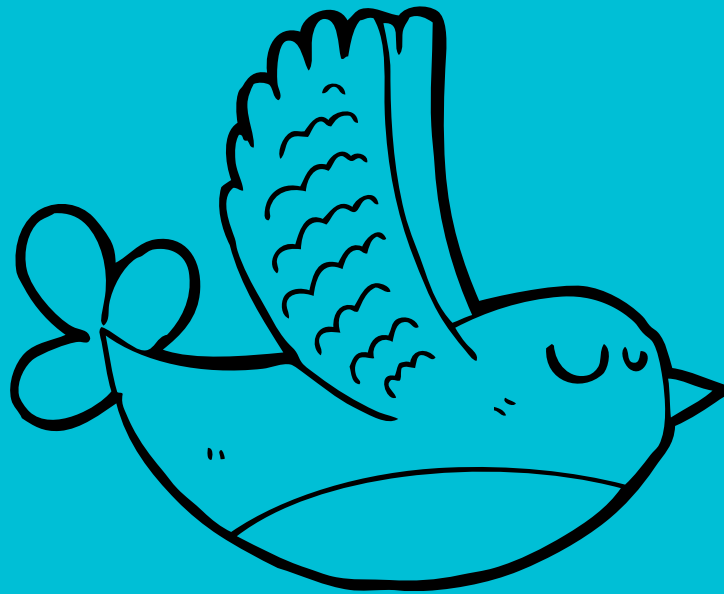


Tips for Outdoor Play



Pine Cone Bird Feeder

During winter food is more scarce for birds and they have less daylight hours to feed. So we can help them to survive the cold winter by putting out bird food for them. We love this messy Pinecone feeder but make sure to have some warm soapy water to wash hands afterwards!





How to make one:

- **Collect pinecones and tightly tie length of string at the pointed top of cone for hanging.**
- **Messy mixture:** In a bowl mix together some lard or other solid fat, sunflower hearts, peanut pieces and other bird seed mixes, dried fruits softened with water, crumbled or grated cheese.
- **Then using your hands squash the mixture into the pinecone grooves until it looks like a fat ball! Hang on a tree or washing line so birds can access.**
- **Watch and find out who visits your feeder! See who might visit <https://bit.ly/2V5vjfS>**
- **Top tip – do this activity outside so any messy bits of food dropped will be eaten by the birds!**

