

# Practitioner's Guide

**Bite-sized**

TIPS



**Risk Benefit Assessment with Inclusion in  
Mind**

**1. Plan for reasonable risks so you feel prepared - but not so play and exploration become stifled. Is your plan likely to exclude anyone? How could you adapt it?**



**2. Bear in mind a risk may reduce over time and risks are different for everyone. Often you don't know what will happen so be prepared for dynamic risk assessment. Children will surprise you!**



**3. Model a positive attitude to risk and challenge. Keep comments positive, for example, 'let's have a go'. If we fear, children will.**



**4. Remember that risk awareness or experience of fear or danger may not be the same as you might expect with typically developing children. Help to build awareness with a consistent approach.**



**5. Focus on benefits. Ask yourself – does the potential benefit outweigh the risk? Children and young people with ASN often miss out on important opportunities to encounter and manage risk, challenge and adventure for themselves.**



**Guest Contributors : Under the Trees; Scottish Autism;  
Include Me 2 Club; The Yard; East Lothian Play  
Association; Can Do Scot**



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